



**2026 LEGION NATIONAL
YOUTH TRACK & FIELD CHAMPIONSHIPS**

ATHLETE PROFILE

PART 1: ATHLETE PROFILE

Name: _____ Male ____ Female ____

Address: _____ Date of Birth: _____
(City/Province/Postal Code) (DD/MM/YYYY)

Phone Number: () _____ E-Mail Address: _____

Health Card Number: _____ Expiry Date: _____

(The provision of health card numbers is voluntary and kept on record only for the duration of the 2026 Legion National Youth Track and Field Championships in the event of a medical emergency).

Please include attachments for the below:

- Allergies, special diet, disability, etc.: attach a list as required.
- Clearly indicate all medication that the applicant must use during the event period. These must be clearly marked and the on-site medical person informed upon arrival.
- If you are a vegetarian or vegan, attach a list of foods you will not consume.

Contact in case of emergency: Name: _____

Relationship: _____ Home Phone: _____ Cell Phone: _____





PART 2: ATHLETE RULES & REGULATIONS

- 1) All athletes must attend the Championships for the duration of the event (5-11 August 2026). Early departure is not permitted. Athletes must adhere to this rule upon signing this form or forfeit their position on their Provincial Command team. **Parents of athletes who withdraw from the Championships without authorization from the Sports Committee Chair will be liable for all transport, room and board, and registration costs incurred for the athlete to attend the Championships from the first day of the event to the last day of the event.**
- 2) Room keys are to be kept with you at all times. There is a replacement fee of \$10 for a lost key. Replacement keys will not be provided until payment has been received. Please note doors do not automatically lock and you need to swipe to both unlock and lock.
- 3) All athletes are required to use the buddy system and are never to be left alone with a chaperone or coach in a one-on-one situation.
- 4) When team members, those not staying within your apartment, are visiting your room, doors must be left wide open.
- 5) You must lock the door to your room when you leave it or retire for the night.
- 6) Once registered into your room, you will be responsible for any damages caused. You are required to keep your room tidy.
- 7) Guests are responsible for removing garbage and recycling from their rooms and disposing of these items during their stay. Garbage and recycling rooms are located on the main floor of each residence building and can be accessed using the room key. Excessive garbage removal will be charged by the University at \$55/hour. These fees will be charged back to the individual / room for any garbage that is not properly disposed of. Please clean up after yourself at all times!
- 8) Washrooms are shared by apartment, so please leave these areas clean.
- 9) The quarters will provide bed linen and a towel. No other amenities are provided. It is strongly suggested that participants bring shampoo, soap, an extra towel etc. Provided bedding and towels must be left in the rooms at the end of the event.
- 10) You must not leave campus without prior authorization from your chaperone and are required to report in on your return. No off-site visits will be permitted on Friday, Saturday or Sunday. Parents or guardians must be made aware of these restrictions.
- 11) Chaperones must know where you are at all times, and you must stay within the same venue as your team. Chaperones must be able to find you and reach you if needed. ie: if at the track, the entire team is at the track; if at the University, the team remains on University grounds.





- 12) The Legion Teams are to remain at the track for the competition all day; this is to ensure there is a proper ratio of athlete to chaperone supervision. If unfavourable weather or special circumstances arise, this will be brought to and discussed at the Head Chaperone meeting and a decision will be made as a group and in consultation with DC.
- 13) Report any damages to your accommodations to the chaperones. You are responsible for damages to your room.
- 14) You are not allowed to use or have in your possession any alcoholic beverages or illegal drugs. You are also not permitted to be within any establishment serving alcohol. Any infraction of this rule, or misbehaviour, will result in immediate contact with your parents, return home and/or possible suspension up to two years by your Provincial Athletic Association.
- 15) The University of Regina has a smoke free campus. Please be aware and adhere to the restrictions: [Smoke-Free Campus | University of Regina](#)
- 16) All athletes must be in their apartments by 22:00 pm and adhere to curfew, which is 22:30 every evening. Curfew means lights out, sound systems off, doors closed, athletes in their rooms. There are no exceptions. It is important for all youth to get a minimum of 8.5 hours of sleep and going to bed earlier is encouraged.
- 17) All athletes must attend the training camp clinics.
- 18) Unauthorized persons are not permitted in the residences or team spaces. Report any inconsistencies to your Chaperone or Coach immediately.
- 19) You are not permitted to have, bring or rent skateboards, roller blades, bicycles, scooter etc.
- 20) Individual privacy is of the utmost importance and will be respected at all times. As such, behaviour which infringes on an individual's privacy is considered a major infraction. This includes the improper and unethical use of picture taking devices and the transmission of such images during and after the event. Improper use of picture taking devices will not be tolerated.
- 21) Cellular phones and iPods are to be turned off during clinic sessions and at curfew. If you persist in using these devices, you will be given a warning, followed by confiscation.
 - a) When posting to social media;
 - i) Keep it about yourself, your performance, your experience
 - ii) Ensure you have the consent of other people within your images
 - iii) Tag @LegionNationals on Facebook and Instagram; we want to share your journey
 - iv) Remember; once content is online, even if it is deleted, it still exists online; if you are unsure about the content you are sharing, please ask first.
- 22) You are encouraged to bring a formal outfit for the Closing Banquet. Medal winners are also encouraged to wear their medals at the Closing Banquet.





- 23) Once a participant's itinerary is finalized and the airline ticket has been issued, no further changes will be made. Any associated charges will be the responsibility of the individual in unique circumstances. Please take extra care in providing an exact legal name to match the ID being used at the airport.
- 24) You must bring your provincial health card to the Legion Nationals and always keep it in your possession. There have been instances where athletes have left their cards at the residence during the day, and then they are needed at the track, or even for further treatment at a clinic. Please ensure they are always with you. If you possess a provincial health card which indicates an expiry date, you must ensure that the card is current and will not expire during the time frame of this event.
- 25) Athletes are responsible for their own personal items at all times and must ensure valuables are secured. The Legion is not responsible for lost or stolen property and reimbursement for such losses is the responsibility of each individual's personal insurance coverage.





PART 3: DECLARATIONS

I certify that I have read the above rules and regulations (part 2); I understand them and will abide by them for the duration of the Championships. I also acknowledge that a breach of these rules could result in my removal from the program.

I, the undersigned, grant to The Royal Canadian Legion permission to use images of me photographed at the National Track & Field Championships for purposes of display, ceremonies, publication and digital representation and other purposes in relation to the promotion of The Royal Canadian Legion and/or the Legion National Track and Field Championships. I also give consent for the free use of my name and/or picture in any broadcast, telecast or other account of the above event.

I, for myself, my heirs, executors and administrators and successors hereby release and forever discharge The Royal Canadian Legion, its agents, servants, representatives, successors and assignee and other bodies, corporate firms associations or persons connected with the competitors of any and from any and all rights, claims, demands and actions whatsoever that I may have for any and all loss, damage to my equipment or injury sustained by me during the said competition.

I attest and verify that I am physically fit. I further provide my consent for the provision of emergency medical treatment, if necessary.

A variety of therapeutic services may be provided for the athletes attending a Legion Provincial and/or National Track and Field Competition. The therapists may be student therapists that are completing clinical hours as part of their educational program. Student therapists will be supervised by registered therapists at all times and the treatment will be performed through clothing or directly on skin on areas already exposed (i.e. legs, arms, etc.). All athletes under the age of 18 must have a parent or legal guardian indicate their consent before any of the therapeutic services are performed. Consent (please initial) **Yes** ____ **No** ____

I certify that I have read the above declarations (part 3); I understand them and acknowledge the requirement.

Name of Athlete (please print)

Signature of Athlete

Name of Parent/Guardian (please print)

Signature of Parent/Guardian

Date





PART 4: ATTACHMENTS (as required)

Please send the additional information as noted within part 1:

1. Allergies and/or special diet, disability, etc. (Attachment: **Yes** ____ **No** ____)
2. Medication that the applicant must use during the event period.
(Attachment: **Yes** ____ **No** ____)
3. A list of foods you will not consume. (Attachment: **Yes** ____ **No** ____)

